

ISAAC RAMASWAMY

For his efforts as an athlete, and a coach of wrestlers across the world at various levels, and years of dedication to the development of leadership and citizenship in the youth through the sport of wrestling, "Isaac" is being inducted to the National Wrestling Hall of Fame in 2014. "I'm being recognized for a multitude of things," he said. "I have arrived at point in my career that I'm very proud of. It feels good to be recognized for doing something I care about. Wrestling, I credit for giving me the qualities I have as a human being".



From the time Isaac was on Sachem's varsity wrestling team in the 1980s, Coach Mahoney could tell he had the know-how to reach the next level. "Isaac was able to set goals and accomplish those goals systematically".

Soon enough, he became that world-class athlete. His athletic career skyrocketing in the 1990s. Aside from placing high in dozens of national and international competitions from 1989 through 1996, Ramaswamy was a two-time U.S. National Champion and placed second at the World Team Trials in 1993, 1994 and 1995, and the 1994 Pan American Championships. He won the 1987 Espoir Nationals,

placed third at the 1992 U.S. Olympic Team Trials, and was an Eastern Greco Champion in 1994 and 1995, and an East Regional Olympic Trials Champion in 1996.

One of his proudest achievements was placing second at the U.S. Olympic Team Trials in 1996 and serving as an alternate for the U.S. Olympic Team.

Following his Olympic career, he immediately went into coaching. He has been an assistant coach in Sachem since 1996, first at Sachem High School North until 2004, and then at Sachem High School East until he was appointed head coach at Sachem East High School.

Isaac coached the Junior National Teams from 1992-2011, and became the head coach in 1998. He has also coached three Junior World Teams (2007 China, 2003 Turkey and 2001 Poland).

When asked Isaac said "our job was instilling good values in our wrestlers, such as discipline, character, and work ethic. It started at Sachem, grew at Albany, blossomed on the national and world stage. "For Isaac It's been a lifetime commitment to the sport." Mahoney added. "Isaac is everything the National Wrestling Hall of Fame stands for."