

CHRIS MESSINA



team was Suffolk County champion and his teams have finished second 4 times. Hauppauge has been ranked in the top five in New York State a total of 5 times. He has coached many Suffolk County and New York State Champions including his son Mike in 1999.

His peers have recognized him with many awards including New York State Wrestling Coach of the year in 2002, Suffolk County Coach of the year in 1999, and voting him league coach of the year for 16 seasons. In addition, is an active member of many wrestling organizations and has served as president of the Suffolk County Wrestling Coaches Association from 2004 to 2008. He has served as the NHSCA New York State Representative since 2000. Chris is an active board member of the Friends of Long Island Wrestling and also serves as the Hauppauge Wrestling Camp Director.

Chris Messina has been a true champion of wrestling for most of his life and is a worthy candidate for the National Wrestling Hall of Fame as a "Lifetime of Service" inductee.

Chris Messina has been associated with wrestling for over forty years. From his high school days as a varsity wrestler at Hauppauge to his position as head wrestling coach, he has always been a very visible part of the Long Island wrestling community. His record as a coach and his service to Long Island wrestling is second to none.

As a high school wrestler he amassed 105 victories as a four year varsity starter. He served as the team captain and was a four time all-league (two-time champion), and a two time all-county finisher. At Slippery Rock State College Chris was a four year varsity wrestler, served as team captain for two years and was two time NCAA qualifier and a Pennsylvania champion in 1975. After graduation, he served as Assistant Wrestling Coach for two years.

Returning to Long Island, Chris served as Junior Varsity coach for two years before talking over the varsity position in 1980. His record as varsity coach at Hauppauge High is among the finest on Long Island. He has recorded 361 wins against only 77 losses. His teams have been league tournament champions 18 times and dual meet champions 15 times. His 1999

Chris coaching his Hauppauge "Eagles" to one of over 360 wins recorded in his career. He also wrestled for them during his high school years

